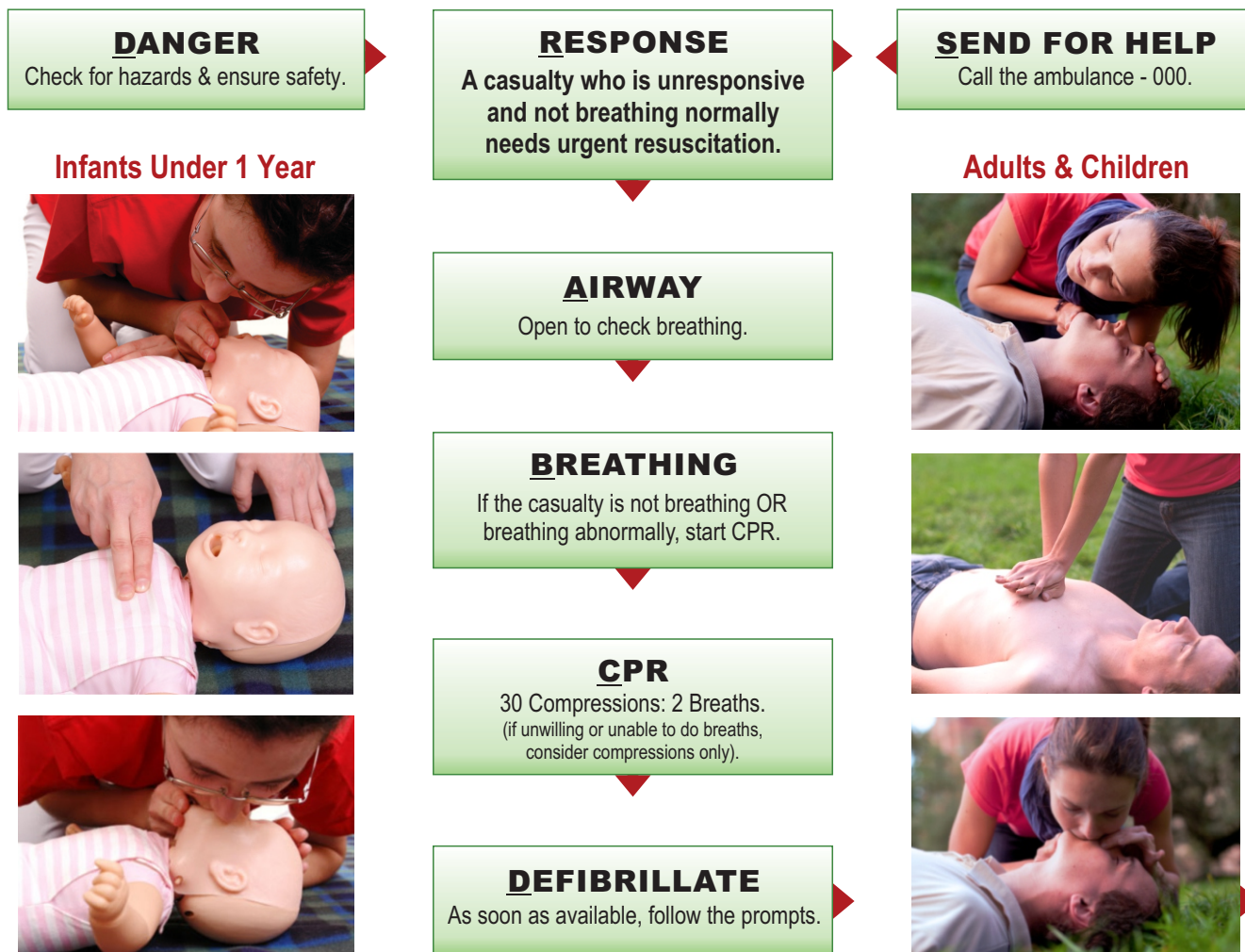


# RESUSCITATION

## DRSABCD RESPONSE



**Ensure Safety  
for Self and Others**

**Call Triple Zero (000)  
for an Ambulance**

## SIGNS & SYMPTOMS

Unconscious, not responding,  
not breathing normally, or not  
breathing at all.

## CPR DETAILS

	Adults & Children	Infants Under 1 Year
Open Airway →	Head tilt/chin lift	Neutral head
Press with? →	2 Hands	2 Fingers
How hard? →	1/3 chest depth approx 5 cm	1/3 chest depth approx 4 cm
Breath pressure? →	Full breaths	Puffs
How many? →	30 Compressions : 2 Breaths	
How fast? →	Compressions should be done at the rate of almost 2 per second (continuous rate of 100 - 120 per minute)	

For more information visit: [www.resus.org.au](http://www.resus.org.au)

## CONTINUE CPR / DEFIBRILLATION

Until responsiveness or normal breathing returns, or help arrives.